BP 3590 DISTRICT WELLNESS POLICY

The Lake and Peninsula School District is committed to providing a school environment that enhances learning and development of lifelong wellness practices.

To accomplish these goals:

- LPSD Nutrition Programs will comply with federal, state and local requirements. LPSD Nutrition Programs will be accessible to all children.
- Sequential and interdisciplinary nutrition education is provided and promoted.
- LPSD will promote meaningful physical activity that connects to students' lives outside of physical education.
- All school-based activities are consistent with local wellness policy goals and local dietary customs.
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans.
- All foods made available on campus adhere to food safety and security guidelines.
- The school environment is safe, comfortable, pleasing, and allows ample time and space for eating meals.

07/12

The topics of Student Nutrition and Physical Activity are further addressed in Board Policy # 5040, which is accessible through the school website.